The Daily Office

The Holy Eucharist

according to

THE BOOK OF COMMON PRAYER 1979 and The Hymnal, 1982 and the use of The Chapel of St. Mary the Virgin

> ORDINARY TIME Rite I



Nashotah House Theological Seminary

THE ANGELUS

The Angelus is a devotion that was traditionally prayed three times daily to commemorate the mystery of the Incarnation, using the words of the Angel Gabriel's annunciation to Mary from St. Luke's Gospel, and words from the Prologue to St. John's Gospel.

At Nashotah House, the Angelus is rung at 7:45 AM and 4:30 PM, before each morning and evening Office, and, when classes are in session, at 12:30 pm before lunch, to conclude the second class session. Whether or not one prays this text, all students are to stand respectfully and engage in silent prayer, using this text or another one that is appropriate.

The bell tolls three times to begin each of the first three versicles and responses; the bell then tolls nine times (18, because the bell tolls twice with each pull) during the final collect.

- V. [*ring*] The angel of the Lord announced unto Mary,
- R. [*ring*] And she conceived by the Holy Ghost.[*ring*] Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.
- V. [*ring*] Behold the handmaid of the Lord.
- **R.** [*ring*] Be it unto me according to thy Word. *Repeat "Hail Mary"*.
- V. [*ring*] And the Word was made flesh.
- **R.** [*ring*] And dwelt amongst us.

Repeat "Hail Mary".

- **V.** Pray for us, O Holy Mother of God.
- **R.** That we may be made worthy of the promises of Christ.

Let us pray: [*ring* 9x]

We beseech thee, O Lord, pour thy grace into our hearts, that we who have known the incarnation of thy Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and ♥ passion be brought unto the glory of His resurrection; through the same Christ our Lord. Amen.



MORNING PRAYER (*M-W, F-Sat*)

Items in red are used only on Sundays or Major Feasts Page numbers refer to the Book of Common Prayer, 1979

The liturgy begins with the ringing of the Angelus (inside cover). *All stand in silent prayer.*

Opening Sentence

The Invitatory 🕸

Venite (Mon/Wed/Fri) or Jubilate (Tue/Sat) 43-45
 One of the Antiphons on pages 43-44 is said and responded to by the People with
 Come let us adore him. The Antiphon is repeated by all at the conclusion of the Invitatory.

The **Psalter**

*The Gloria Patri is said at the conclusion of <u>each</u> <i>Psalm.*Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.

The **First Lesson** (*Remain seated for a period of silence at the conclusion*)

The Canticles (standing)

Major Feasts	Te Deum	52
Monday	Magna et mirabilia	Leaflet 14
Tuesday	Benedictus es	49
Wednesday	Benedictus Dominus	49
Thursday	Te Deum	52
Friday	Dignus es	Leaflet 14
Saturday	Benedicite	47
The Apostles' Creed (omitted only	53	

The Prayers

The Lord's Prayer, Suffrages B, and the Collects for Peace and Grace.

The Grace №	59-60
The Mass normally follows said Morning Prayer.	
All sit until the Celebrant stands to go to the Altar.	

BCP 37-41

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posted

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THE HOLY EUCHARIST

Items in red are used only on Sundays and Major Feasts

PREPARATION RITES

All stand as the Celebrant and assisting ministers come to their places.



Kyrie or Gloria in Excelsis

The Collect of the Day At the conclusion, the People respond, Amen

LITURGY OF THE WORD

The First Lesson

Sung Gradual (seated; sung by the Choral Scholars)

The Second Lesson

Alleluia (sung first by the Cantor, and repeated by the People)



On Feast Days the following is sung with an appointed Verse.



The Gospel

Before the Gospel, the People respond, Glory be to thee, O Lord. After the Gospel, the People respond, Praise be to thee, O Christ. The Brief Homily (mornings) or Sermon (Solemn Mass & Sundays)The Nicene Creed (Sundays, Major Feasts, and Solemn Mass)327Prayers of the People (standing)328The Confession (kneeling; "Almighty God, Father of...")330Peace (standing)332

THE HOLY EUCHARIST

Offertory Sentence or Sung Offertory

The Offertory Hymn

The Great Thanksgiving (sung on Feast Days)



Sanctus and Benedictus qui venit

posted/334

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Eucharistic Prayer (kneeling)

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Prayer I – p. 333 Prayer II – p. 340
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COMMUNION DEVOTIONS

The Lord's Prayer (kneeling; sung on Feast Days) S-119/BCP 336



Agnus Dei (kneeling)

O Lamb of God, that takest away the sins of the world: *Have mercy upon us* (2 times) *Grant us thy peace* (3rd time)

Prayer of Humble Access

The	Invitation
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All baptized Christians who receive the Eucharist in their home churches, who come in penitence seeking the Body and Blood of Christ, are welcome to receive.

The Sacrament is celebrated using wheat bread and fermented grape wine.

If you are unable to receive either for any reason, the Church has always taught that to receive the Sacrament is one kind is to receive all the benefits of the Sacrament. If you do not wish to receive the Sacrament for any reason, you may cross your arms and receive a blessing from the priest. If you are not receiving only one of the elements, simply cross your right arm over your chest.

You may stand or kneel (on the top step) to receive Communion. The consecrated Bread is received in the hand, right hand placed on top of the left. To receive the consecrated Wine, grasp only the base of the chalice and guide it to your lips. If for any reason you require the sacrament to be brought to you in your seat, please inform the sacristan on duty.

The Sacrament is not administered by intinction.

CONCLUDING RITES

The Post-Communion Prayer and	Blessing (kneeling)	339
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Dismissal (standing; sung on Feast Days)

People Thanks be to God

It is customary to remain in one's stall until the Dean and Faculty have exited.

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EVENING PRAYER (*Thur*—*Sun*) Items in red are used only on Sundays or Major Feasts Page numbers refer to the Book of Common Prayer, 1979 The liturgy begins with the ringing of the Angelus (inside cover). All stand in silent prayer. **Opening Sentence** BCP 37-41 & 61-62 The Invitatory ¥ 63 Phos hilaron 64 The **Psalter** posted The Gloria Patri is said at the conclusion of each Psalm. Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen. The First Lesson Remain seated for a period of silent meditation at the conclusion The Canticle – Magnificat ♥ 65 *The Second Lesson Remain seated for a period of silent meditation at the conclusion *The Canticle – Nunc dimittis ♥ 66 *The Apostles' Creed (omitted on Sundays) 66 The Prayers 67-68 The Lord's Prayer, Suffrages A, and the Collect of the Day*, plus the Collects for Peace and Aid Against Perils. Additional intercessions may be added when the Eucharist does not follow the Office. *Prayer of St. John Chrysostom 72 The Grace ₩ 72

*These items are omitted when the Mass follows directly

EVENSONG (*Monday*—*Wednesday*)

&

MATINS (Thursdays)

BCP refers to the Book of Common Prayer, 1979 Posted hymn numbers refer to *The Hymnal*, 1982 (blue cover)

THE INVITATORY AND PSALTER

The liturgy begins with the ringing of the Angelus (inside cover). *All stand in silent prayer*

Opening Sentence (said)

BCP 37-41 & 61-62

Confession of Sin (Major Feasts only)

BCP 41, 62

The Officiant bids the confession, after which all kneel.

Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts. we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Priest alone stands and says the Absolution.

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The Second Lesson (seated)

Remain seated for a period of silent meditation at the conclusion

Canticle (*standing*)

Invitatory Psalm or Hymn

The Psalter (standing)

The Cantor chants the first half of the verse, the People respond with the second half. From that point, the Gospel or Cantoris side sings the even numbered verses, and the Epistle or Decani side sings the odd numbered verses. The Gloria Patri is chanted at the conclusion of <u>each</u> Psalm. On Wednesdays, the Psalms are sung to Anglican Chant.

THE LESSONS

The First Lesson (seated)

Remain seated for a period of silent meditation at the conclusion

Canticle (*standing*)

forth thy praise. Lord, make haste helpus. and our mouth shallshow to d Fa - ther, and to the Son, and to the Ghost. As it was in thebe Glo-ry be to the Ho - ly gin-ning is now and ev-er shall be world with-out end. A men. (Al - le lu

Opening Versicles and Responses O God make speed to save us.

BCP 42, 63

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posted/leaflet 15

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ia.)

The Apostles' Creed (standing) 53,66 I believe in God, the Father almighty, maker of heaven and earth. And in Jesus Christ his only Son our Lord. who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven, and sitteth on the right hand of God the Father almighty. From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body,

and the life everlasting. ♥ <u>A</u>-men.

THE PRAYERS





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The Lord's Prayer

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. <u>A</u>-men.



Suffrages B (at Matins, Thursdays) 55 v. O Lord, save thy people, and bless thine her - i - tage; r. Govern them lift and them up for ev - er. v. Day by day we mag - ni fy thee; r. And we worship thy Name ever, world with - out end. v. Vouchsafe, with - out O Lord, to keep us this day sin; r. O Lord, have mercy upon us, have mercy up – on us. 0 v. O Lord, let thy mercy be upon us; 0 r. As our is in thee. trust Ħ v. O Lord, in thee have Ι trust - ed. r. Let con-found - ed. me never be

The Officiant then chants the **Collect of the Day**, the **Collect for Peace** and **Grace** at Matins, and the **Collect for Peace** and **Aid Against Perils** at Evensong.



Intercessions are then offered, which conclude with the Prayer for Nashotah House (see back page).

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Office Hymn (standing) On occasion, a sermon may be given

General Thanksgiving Said at every Matins, but only on Major Feasts at Evensong Almighty God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving kindness to us and to all men. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we show forth thy praise, not only with our lips, but in our lives, by giving up our selves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

If the General Thanksgiving is not said, the Officiant says the Prayer of St. John Chrysostom.

Dismissal and Grace

Thanks be to God.

The Officiant then chants a verse from Scripture, the Congregation responds on a single note, **Amen**. It is customary to make the \bigstar Sign of the Cross at the Office concludes.

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59, 72

Magna et Mirabilia [Mondays at Morning Prayer]

Great and marvelous are thy works, *

Lord God Almighty!

Just and true are thy ways, *

Thou King of saints.

Who shall not fear thee, O Lord, and glorify thy Name? * For thou only art holy:

For all nations shall come and worship before thee; * for thy judgments are made manifest.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.

Dignus Es [Fridays as Morning Prayer]

Thou art worthy, O Lord, *
to receive glory and honor and power:
For thou hast created all things, *
and for thy pleasure they are and were created.
Thou art worthy, O Lamb that wast slain, *
and hast redeemed us to God by thy blood
Out of every kindred, and tongue, and people, and nation; *
and hast made us unto our God kings and priests.
Blessing, and honor, and glory, and power *
be unto him that sitteth upon the throne
And unto the Lamb *

for ever and ever.

Magnificat Song of Mary (Luke 1:46-55) Geoffrey D. Williams (b. 1976)



My soul doth /magnify · the/ Lord, * and my spirit hath re/joiced in/ God my/ Savior. For /he hath · re/garded * the /lowli·ness /of his/ handmaiden. For be/hold from/ henceforth * all gene/rations ·shall/ call me/ blesséd.

For he that is mighty hath /magni·fied/ me, * and /holy/ is his/ Name.

And his mercy is on /them that/fear him * Throughout/*all*/ gene/rations.

He hath showed /strength with · his/ arm; * he hath scattered the proud in the imagi/nation/ of their/ hearts.

He hath put down the mighty /from their/ seat, * and hath e/xalted \cdot the/ humble \cdot and/ meek.

He hath filled the /hungry · with/ good things, * and the rich he hath /*sent*/ empty ·a/way.

Second part

He remembering his mercy hath holpen his /servant/ Israel, * as he promised to our forefathers; Abraham /and his/ seed for/ever.

Glory to the Father,/and to \cdot the/ Son * and /to the/ Holy/ Spirit. As it was in the be/ginning \cdot is/ now * and /will be \cdot for /ever. * A/men.

Nunc dimittis Song of Simeon (Luke 2:29-32)

Williams



Lord, now lettest thou thy servant de/part in/ peace, * Ac/cording/ to thy/ word; For mine eyes have /seen thy · sal/vation, * which thou hast prepared before the /face of/ *all* /people, To be a light to /lighten · the/ Gentiles, * and to be the /glory · of thy/people/ Israel. Glory to the Father,/and to · the/ Son * and /to the/ Holy/ Spirit. As it was in the be/ginning · is/ now *

and /will be \cdot for /ever. * A/men.

THE PRAYER FOR NASHOTAH HOUSE

Bless, O Lord, this House,

set apart to the glory of thy great name and the benefit of thy Holy Church; and grant that thy Name may be worshipped here in truth and purity to all generations. Give thy grace and wisdom to all the authorities, that they may exercise holy discipline, and be themselves patterns of holiness, simplicity, and self-denial.

Bless all who may be trained here; take from them all pride, vanity, and self-conceit, and give them true humility and self-abasement. Enlighten their minds, subdue their wills, purify their hearts, and so penetrate them with thy Spirit and fill them with thy love, that they may go forth animated with earnest zeal for thy glory; and may thine ever-living Word so dwell within their hearts, that they may speak with that resistless energy of love which shall melt the hearts of sinners to the love of thee.

Open, O Lord, the hearts and hands of thy people, that they may be ready to give and glad to distribute to our necessities. Bless the founders and benefactors of this House, and recompense them with the riches of thy everlasting kingdom, for Jesus' sake. Amen.

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Weekly Schedule - All Services open to the Public			
	Morning	Evening	
Sunday	(students worship at local parishes)	4:30 Evening Prayer & Mass	
Monday—Saturday	7:45 Morning Prayer & Mass	4:30 Evening Prayer	
Wednesday (in term only))	5:00 Benediction of the Blessed Sacrament	
Thursday (in term only)	7:45 Matins	4:30 Evening Prayer 5:00 Solemn Mass	
During Term Time, the Eucharist is sung Monday-Friday, Evensong is sung Monday-Wednesday, and			

Matins is sung on Thursdays. Outside of term, all liturgies are said.

Dr. Geoffrey Williams - Director of St. Mary's Chapel

revised 10-06-2023